

## Instructions for a Thyroid Scan

Canterbury Bankstown Nuclear Imaging

[www.nuclearimaging.com.au](http://www.nuclearimaging.com.au)



Name: \_\_\_\_\_

Appointment:

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Your doctor would like you to have a **Thyroid Scan**. The study helps to assess the function of the thyroid gland.

Please report to the **Canterbury Bankstown Nuclear Imaging Department**

**56 Meredith Street, Bankstown, NSW 2200**

**If you cannot attend on the day, please call the Department to make another appointment time.**



The phone number is: **(02) 9708-4555**

**Procedure:** You are given an injection of radioactive tracer, and asked to wait 20 minutes, before being scanned. The total test takes 30-45 minutes. Continue with daily activities as normal.

**Preparation:** Stop thyroxine tablets for 12 days and anti-thyroid medications for 2 weeks. Please inform us if you have had a contrast injection for CT or other radiological tests in the last 6-12 weeks.

Bring any recent test results, such as **x-ray, CT scan or MRI.**

**An important note for women having Nuclear Medicine Scans:**

As with any test using radiation, you must contact us before your appointment if:

- you are or may be pregnant
- you are breast feeding