



# Instructions for a Gastric Emptying Scan

**ILLAWARRA Nuclear Imaging: WPH**

[www.snig.com.au](http://www.snig.com.au)

**Name:** \_\_\_\_\_

**Appointment:**

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

Your doctor would like you to have a **Gastric Emptying Study**. This is a test to assess stomach emptying calculates the for ingested food to be cleared from the stomach.

Please report to: Illawarra Nuclear Imaging: Wollongong Private Hospital Suite 705, level 7, 360-364 Crown Street Wollongong NSW

**If you cannot attend on the day, please call the Department to make another appointment time.**



The phone number is: (02) 42 261755  
Or Bookings (Toll Free): 1300 136015

**Procedure:** You are given a radioactive omelette to eat. Scanning may take up to 2 hours. It is important to let the Department know if you are allergic to eggs or are a diabetic so other management for the test may be made.

**Preparation:** You need to fast from midnight before the appointment.  
**(NO FOOD OR DRINK)**

Bring any recent test results, such as **x-ray, CT scan or MRI.**

**An important note for women having Nuclear Medicine Scans:**

As with any test using radiation, you must contact us before your appointment if:

- you are or may be pregnant
- you are breast feeding