

Instructions for a Colon Transit Scan

Shoalhaven Nuclear Imaging

www.nuclearimaging.com.au



Name: _____

Appointment:

Date: _____ Time: _____

Your doctor would like you to have a **Colon Transit Scan**. This is a test to look at the movement of digested food through the large intestine.

Please report to the **Shoalhaven Nuclear Imaging Department**

Standish Medical Centre, 4/33 Berry Street, Nowra NSW

If you cannot attend on the day, please call the Department to make another appointment time.



The phone number is: **(02) 44231944**

Procedure: This test is performed over **5 days**. Day 1: You have to come in the morning and have a radioactive drink. Pictures are then taken 6 hours later. On the following days the patient is required for approximately 5 minutes early in the morning for their scans.

Preparation: **STOP** Laxatives for 48 hours prior to appointment.

Bring any recent test results, such as **x-ray, CT scan or MRI.**

An important note for women having Nuclear Medicine Scans:

As with any test using radiation, you must contact us before your appointment if:

- you are or may be pregnant
- you are breast feeding